



GWYD DBP
CHEROKEE NATION©
CANCER PROGRAMS

Newsletter
September 2008

FREE COLORECTAL CANCER SCREENINGS

Free colonoscopies (colon screenings) are being provided for Oklahomans again this year, thanks to Senators Johnnie Crutchfield and Debbie Leftwich, who secured funding from the Oklahoma State Legislature in 2007 and now again in 2008.

These free screenings are being performed by the OSU Department of Surgery, at the OSU Medical Center in Tulsa. To qualify for the free procedure, individuals must be between the ages of 50 – 64, have no insurance coverage, be an Oklahoma resident and meet the income guidelines listed below. Those younger than 50 and at a higher risk for colon cancer may also qualify for the free screenings.

Size of Family Units	Annual Income	Monthly Income	Weekly Income
1	\$18,130	\$1,511	\$378
2	\$24,420	\$2,035	\$509
3	\$30,710	\$2,559	\$640
4	\$37,000	\$3,083	\$771
5	\$43,290	\$3,608	\$902
6	\$49,580	\$4,132	\$1,033
7	\$55,870	\$4,656	\$1,164
8	\$62,160	\$5,180	\$1,295

For each additional person add \$6,290

If you are Native American and live in the 14 counties tribal jurisdictional service area and would like more information on this program, would like to get screened and/or would like to set up travel arrangements please call the Comprehensive Cancer Control Program at 918-453-5759.

Lets Play Trivia!

Please answer the question below by sending us your response.

Who can you call if you are Native American and would like to see if you qualify for free colon cancer screenings?

Please e-mail your response along with your name and address to www.cancer.cherokee.org or log on to our web site at: <http://cancer.cherokee.org>. You can also contact Chris at 918-453-5453.

Rules: Each month one winner will be drawn from those who send in the correct answer. A prize will be sent to the winner. Monthly winners will have their name entered for the Grand Prize drawing held on June 30, 2009 - so don't forget to play!

There were no entries and no winners for the July drawing. Chances are good for winning.



Native American Cancer Support Group

The Native American Circle of Hope will be hosting their monthly meeting on September 18 at 7:00 in the Hastings Indian Hospital cafeteria. All cancer survivors are encouraged to come and bring their family. Cancer advocates, caregivers and others interested in helping cancer patients are also welcome. For more information on this group please contact Lura Whiteshirt at 918-458-3170, extension 5129.

Free Cancer Education Workshops

CancerCare is a national nonprofit organization that provides free, professional support services for anyone affected by cancer; people with cancer, caregivers, children, loved ones, and the bereaved. CancerCare programs – including counseling, education, financial assistance, and practical help – are provided by trained oncology social workers and are completely free of charge. **All calls are free of charge.** For more information on these programs please call 1-800-813-4673, or email info@cancer.org.

September 2008 Workshops

- September 12, 2008: Living with Metastatic Prostate Cancer
- September 23, 2008: Advances in the Treatment of Metastatic Melanoma

Cancer Programs Spotlight

Meet Donna Bush, Administrative Assistant for the Cherokee Nation Cancer Programs. Donna began working in the Cherokee Nation Human Resources Department 14 years ago. She came to the Cancer Programs about four years ago and has been working with the Cancer Registry, the Comprehensive Cancer Control Program and the Breast and Cervical Cancer Early Detection Program. When asked how she likes her job she replied, "I am very happy to be a part of a wonderful program and enjoy working with all the staff." Donna also enjoys going out to the different communities and educating at health fairs, as well as meeting new people.



Donna has two children, James age 17 and Jamie age 5, and her husbands name is James. One of her most favorite things to do in the summer is to watch her nephews, Logan and Mason, play ball. If you would like to contact Donna she can be reached at 918-453-5755.

Cancer Survivorship Education: A Community Experience

Learn:

How to communicate with the healthcare team, how to use the LIVESTRONG™ Cancer Survivorship Notebook (*Each household represented will receive a free Notebook!*)

Saturday, September 6, 2008 10:00 AM – Noon at the Cherokee Elder Care at 1387 W. 4th Street, Tahlequah. Pre-register by calling 1-800-522-9452 (ask for Jennifer), online at: <http://ahec.okstate.edu> Email: okahec@okstate.edu

Refreshments for registered attendees.

The Breast and Cervical Cancer Early Detection Program Celebrates Breast Cancer Awareness Month

Three Rivers Clinic, Muskogee	Hastings Indian Hospital, Tahlequah	Wilma P. Mankiller, Stilwell	Redbird Smith, Sallisaw	Will Rogers, Bartlesville, Vinita & Nowata	AMO Community, Salina	Sam Hider, Jay
<p>10/1 – Pink Cupcakes and balloon release 10.6 – Pink Day – everyone wears pink 10/14 – CBE & Mammogram Day 10/20 – BCA Poster contest between depts. 10/29 – Baked potato lunch \$2.00 10/1 – 10/30 breast Cancer Awareness display</p>	<p>10/7 - Pink Day with information table, door prizes, and popcorn. Everyone must wear pink to get in the drawings for pink prizes. Luncheon from 11:00 to 1:00 for everyone, cost \$5.00. 10/16 – Popcorn day from 10:00 – 12:00.</p>	<p>10/1 – “Knowledge is a girls best friend” 2:00 – 4:00 (everyone) 10/15 Community awareness walk honoring breast cancer survivors 9:00 – 4:00 10/17 – One Stop Shop 10/21 Employee Wellness day</p>	<p>10/2 – Movie and Popcorn 10/9 - Health Fair (Drop ins Welcome) 10/16 – Pink cupcakes for employees 10/23 – Pink Ribbon day, everyone encouraged to wear a pink ribbon</p>	<p>10/6 – think Pink Lunch and Learn 10/8 – Wear Pink Day 10/10 – Passionately Pink for the Cure Walk Bartlesville and Vinita Clinics will have information tables set up throughout the month of October</p>	<p>10/17 – Employee Wellness day includes pap, clinical breast exam. and mammogram</p> <hr/> <p>Cherokee Nation 10/2 – Popcorn and Pink Ribbon – Complex 10/9 –Pink Snow Cone 10/15 – Possible Mini Women’s Health Fair</p>	<p>10/2 – Pink frosted cookies and pink lemonade for staff 10/9 – Ice cream social pink sherbet for staff 10/16 – Scavenger hunt with prize for the winner for staff 10/30 – Wear pink day, Employee who wears more pink wins a prize</p>
<p>For more information on the events happening in October please contact Barbara Neal at the Breast and Cervical Cancer Early Detection Program at: 918-453-5138</p>						